

### **Addressing Sexual Risk with Drug Users and their Partners – 1 Day Training**

This one-day training will build participant knowledge and skills in offering sexual harm reduction options to substance users. Although expanded access to syringes and drug treatment options have helped people greatly reduce their substance use-related risks for HIV, the latest research shows that sexual risk behaviors play a significant role in new cases of HIV among people who use drugs and alcohol.

As a result of this training, participants will be able to:

- Recall the latest research that shows how expanded access to syringes and methadone maintenance programs has greatly reduced the number of new cases of HIV from substance use-related risk;
- Identify and discuss sexual risk behaviors clients engage in when using drugs and alcohol;
- Identify harm reduction strategies for reducing sexual risk among people who use drugs and alcohol; and
- Practice harm reduction messages tailored to sexual behaviors for people who use drugs and alcohol.

**Prerequisite:** It is strongly recommended that participants have attended the AIDS Institute training, "Reducing the Risk and Harm of HIV," or have a working knowledge of harm reduction and addiction.

**Audience:** All health and human services providers.

### **Advanced Training on the Needs of Incarcerated PLWHA Upon Community Re-entry – 1 Day Training**

This one-day training is to increase the awareness and sensitivity of health and human service providers to the challenges of people living with HIV/AIDS (PLWHA) involved in community re-entry after release from a correctional facility. These challenges include the overlapping issues of family reunification, mental health, substance use, and need for HIV care. Best practices will be reviewed to support community re-entry and utilization of HIV medical care and other services.

As a result of this training, participants will be able to:

- Discuss the specific challenges of family reunification for people living with HIV/AIDS;
- Describe the impact of unresolved past and possible future traumatic events;
- Use supportive inquiry to develop a more comprehensive understanding of the overlapping challenges encountered by released people living with HIV/AIDS as well as the strengths and resources of their "families" and/or social networks;
- Use strength-based strategies for supporting community re-entry for individuals with co-morbidities of HIV/AIDS, mental health/trauma issues, and/or substance abuse; and
- Facilitate clients' access to HIV primary care and support services including drug treatment and overdose prevention to effectively manage challenges.

**Prerequisite:** It is required that participants take the AIDS Institute training, "Improving Outcomes for HIV-Positive Individuals Transitioning from Correctional Settings to the community" before attending this training. **Audience:** All health and human service providers who work directly with formerly incarcerated clients.

### **Building Bridges to Cultural Competency – 1 Day Training**

This one-day training explores the broad definition of culture and its relationship to competent and effective health care and human service delivery.

As a result of this training, participants will be able to:

- Discuss invisible privilege and its affect on both receiving and providing services;
- Explore potential obstacles to providing effective services; and
- Describe how these obstacles are created when diverse cultures, Western medicine and human service deliveries collide.

**Prerequisite:** None. **Audience:** All health and human service providers.

### **Developing Skills for Enhanced Outreach – 4 Day Training**

This four-day training is designed to provide outreach workers with the skills to increase their effectiveness of conducting outreach to hard-to-reach populations using an enhanced outreach model. This training will provide outreach workers with a wide array of activities that will teach them how to approach clients, gain their trust and help clients access needed services. The training includes opportunities for skills practice regarding health behavior change and reviews concepts of motivational interviewing.

As a result of this training, participants will be able to:

- Identify key outreach messages for target populations;
- Summarize the stages of enhanced outreach;
- Describe how multiple encounters is an effective approach to outreach;
- List the stages of change; and
- State at least three concepts of motivational interviewing.

**Prerequisite:** Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in basic HIV/AIDS.

**Audience:** All health and human service providers conducting outreach as part of their jobs.

### **Do You Work with High-Risk Pregnant Women? Your Role in Reducing Mother-to-Child Transmission of HIV – ½ Day Training**

One of the greatest successes in HIV prevention in New York State has been reducing the rate of mother-to-child transmission (MTCT) of HIV. However, cases of MTCT continue to occur each year. This half-day training is for non-physician health and human services providers who work with pregnant women who may have issues with substance use, mental health, homelessness or incarceration. In many instances these women are known to providers but there are missed opportunities for engaging them in prenatal care, HIV testing and other supportive services.

As a result of this training, participants will be able to:

- Describe the epidemiological trends and factors related to mother-to-child transmission of HIV in New York State;
- List factors that have contributed to a decrease in MTCT;
- Describe NYS DOH regulations related to reducing MTCT;
- Discuss the impact of staff values and attitudes on delivery of services to high risk pregnant women;
- Recall factors that may contribute to continued MTCT; and
- List strategies to promote access to HIV testing for high-risk pregnant women and treatment adherence, access to care, and support services for HIV-positive pregnant women.

### **HIV Testing in NYS – ½ Day Training**

This half-day training will provide information about new developments in HIV testing as a result of passage of Chapter 308 of the Laws of 2010.

As a result of this training, participants will be able to:

- List the core elements of the 2010 New York State HIV Testing law (S.8227/A.11487) and their importance;
- Recall that HIV testing must be offered to all persons between the ages of 13 and 64 receiving hospital or primary care services with some limited exceptions;
- Describe the simplified process for obtaining patient consent for HIV testing;
- List the elements of HIV pre and post-test counseling with an emphasis on streamlining the process;
- Recall the responsibility of the health care provider to arrange for follow-up medical care for all patients who test HIV positive;
- Describe changes in HIV testing related to occupational exposure; and
- Explain revised disclosure practices.

**Prerequisite:** Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in basic HIV/AIDS. **Audience:** All health or human service providers who offer HIV testing as a part of their job responsibilities and other providers who require clarification on the 2010 HIV testing law.

**Additional Training:** Participants who would like an opportunity to practice the skills associated with offering HIV testing services may choose to attend the AIDS Institute training, HIV Testing: Skills Practice Session.

### **HIV Testing: Skills Practice Session – 1 Day Training**

This one-day training will provide participants with an opportunity to practice key skills related to offering HIV testing services.

As a result of this training, participants will be able to:

- Recall how to provide streamlined pre-test information;
- Describe how to deliver preliminary positive and confirmed positive HIV test results;
- Describe how to link newly diagnosed HIV positive patients to health care and support services;
- Provide information to HIV positive patients to promote notification of sexual and needle sharing partners; and
- Conduct the NYS domestic violence screening protocol.

**Prerequisite:** Knowledge of basic HIV/AIDS information and attendance at the AIDS Institute training, "HIV Testing in NYS: 2010 Update" or an equivalent training. **Audience:** All health or human services providers who offer HIV testing as part of their job responsibilities.

### **HIV Disclosure: Deciding Who & When to Tell – ½ Day Training**

This half-day training will increase health and human services providers' awareness of the multifaceted issues clients face when contemplating HIV status disclosure to family, friends and service providers. Participants will develop the skills necessary to conduct timely ongoing assessments and discussion of HIV status disclosure as a component of effective service planning.

By the end of this training, participants will be able to:

- Describe the benefits of ongoing assessment and discussion around disclosure;
- Outline a format to help clients with effective decision-making about HIV/AIDS status disclosure, listing the benefits and limitations;
- Explain the value of supporting a client's decision regarding disclosure; and
- Discuss the steps involved in making the decision to disclose HIV/AIDS status to family, friends and service providers.

**Prerequisite:** None. **Audience:** All non-physician health and human services providers who work directly with people living with HIV.

### **HIV and Hepatitis C Co-Infection – ½ Day Training**

This half-day training is for health and human service providers who work with people living with HIV and who need updated information about HIV/HCV co-infection in order to provide effective services to their clients. More than 25% of people living with HIV in the United States are co-infected with the hepatitis C virus (HCV). Among people who acquired HIV as a result of injection drug use, the rates of HIV/HCV co-infection may be as high as 90%. HCV screening is recommended for all persons living with HIV.

As a result of this training, participants will be able to:

- Recall basic information about the liver and hepatitis C, including transmission, prevention, course of illness, screening and treatment;
- Counsel their HIV positive client about the importance of knowing their HCV status;
- Describe how co-infection with HIV and HCV affects the progression of each disease;
- Recall current trends and improvements in treatment for people who are co-infected with HIV and HCV; and
- List at least three additional service needs of people with HIV who are also co-infected with HCV.

**Prerequisite:** Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in HIV/AIDS. **Audience:** All health and human service providers.

### **Integrating Screening for HCV and HIV – 1 Day Training**

This one-day training will prepare participants to offer integrated rapid screening for HIV and HCV in a community setting. It will provide basic information about hepatitis C transmission, epidemiology, spectrum of illness, diagnosis and treatment. By participating in the training, participants will learn how to deliver HIV and HCV pre and post test messages in a seamless, integrated fashion and will learn about referrals that are essential for people who test positive for HCV antibodies.

By the end of this training, participants will be able to:

1. Recall basic information about hepatitis C transmission, epidemiology spectrum of illness and treatment;
2. Deliver integrated prevention messages for HIV and HCV;
3. Explain to clients the value of being tested for HIV and HCV during the same visit;
4. Deliver integrated HIV and HCV pre and post test messages to clients;
5. Describe to a patient or client the meaning of a positive, negative or indeterminate HCV rapid antibody screening; and
6. Refer clients with a positive HCV screening for further medical care including testing to determine if the person has chronic infection with HCV

**Prerequisite:** Although there is no prerequisite for this training, it is strongly recommended that participants have previous training in HIV testing. **Audience: Experienced health and human services providers that conduct rapid HIV screening and plan to expand the offer of services to include rapid HCV screening.**

### **Introduction to Co-Occurring Disorders – 1 day training – TO BE ANNOUNCED**

#### **Introduction to HIV/STI & Viral Hepatitis – 1 Day Training**

This *one day* introductory training will prepare non-physician health and human services providers to address HIV, sexually transmitted infections (STIs) and viral hepatitis in an integrated, client-centered manner. The training will review the similarities and differences in transmission, screening, available treatments and needed support services for each of the diseases. The training will emphasize the connection between these diseases and the skills needed to effectively interact with clients whose sexual or substance using behaviors place them at risk for HIV, STIs and viral hepatitis.

As a result of this training, participants will be able to:

- Recall data showing the overlap of cases of HIV, STIs and viral hepatitis;
- State the rationale and importance of integration of services related to HIV, STIs and viral hepatitis;
- State the similarities and differences in how HIV, STIs and viral hepatitis are transmitted;
- Deliver an integrated prevention message for HIV, STIs and viral hepatitis;
- Provide clients with basic information about the spectrum of illness, testing and treatment for HIV, STIs and viral hepatitis; and
- Link clients to needed HIV, STI, and viral hepatitis testing, treatment and support services.

**Prerequisite:** There is no prerequisite for this training. It is intended for individuals who have not had prior training in HIV, STIs or viral hepatitis.

**Audience:** This introductory training is for non-physician health and human services providers who will be responsible for delivering prevention, care or support services related to HIV, STIs and viral hepatitis.

#### **It's Time: Integrate Viral Hepatitis into Your Work – 2 Day Training**

This two-day training will help to increase providers' confidence, knowledge, and skill level in integrating a range of viral hepatitis services into an already compact workday.

As a result of this training, participants will be able to:

- Describe basic facts about Hepatitis A, B, and C including epidemiology, transmission, spectrum of illness, prevention strategies, vaccine recommendations and treatment options;
- Practice offering viral hepatitis prevention and harm reduction messages;
- List practical tips, models, and tools for integrating hepatitis screening, counseling, vaccination, treatment, and referrals for care into the current work setting; and
- Recall resources for support in work.

**Prerequisite:** None.

**Audience:** All health and human service providers.

## **Improving Health Outcomes for HIV-Positive Individuals Transitioning from Correctional Settings to the Community – 1 Day Training**

This one-day training is for non-clinical providers who work with HIV positive clients who were formerly incarcerated or who are involved in the criminal justice system. The training will inform providers about the culture of corrections as it relates to HIV-infected inmates' needs upon community re-entry. Best practices will be reviewed to assist formerly incarcerated clients living with HIV/AIDS establish and maintain linkages to care, as well as maneuver through the system and access needed services.

As a result of this training, participants will be able to:

- Understand the role of community providers in supporting successful community re-entry for incarcerated HIV positive clients;
- Describe the distinction between jail and prison custodial settings and how HIV transitional planning services differ;
- Outline the challenges that HIV-infected inmates face upon release;
- Describe effective engagement techniques for working with inmates who are transitioning into community systems of care;
- Discuss strategies for conducting assessments with former inmates who are living with HIV/AIDS to learn about their needs and to create appropriate linkages and referrals; and
- Identify support services and resources for HIV infected inmates who have left the correctional system.

**Prerequisite:** It is strongly recommended that participants have previous knowledge of basic HIV/AIDS information, harm reduction and corrections.

**Audience:** All health and human service providers who work directly with formerly incarcerated clients.

## **More Choices, Safer Sex: What the Female Condom Can Do – 1 Day Training**

This *one-day* training will provide current data on female condom efficacy and acceptability, hands-on practice that addresses proper female condom insertion and use-related challenges, and strategies and skills to help participants provide clients with effective condom negotiation skills.

As a result of this training, participants will be able to:

- Identify values and attitudes that impact provider ability to effectively promote the female condom;
- Identify the advantages of female condom use and importance of promotion;
- Address barriers and strategies to female condom use as related to insertion difficulties and problems with use during sex;
- Provide clients with strategies for negotiating female condom use with partners; and
- Describe ways to integrate the female condom into risk reduction counseling within the context of different client situations.
- **Prerequisite:** None
- **Audience:** All health and human service providers that provide risk reduction counseling.

## **Positive Prevention: Connecting Care & Prevention – 1 day training – TO BE ANNOUNCED**

## **Promoting Primary Care & Treatment Adherence for HIV Positive Individuals – 1 Day Training**

This one-day training is designed to increase awareness of non-physician health and human services providers about HIV primary care guidelines and treatment adherence. Providers who are aware of HIV primary care guidelines and strategies for supporting treatment adherence can play an important role in improving the health outcomes of people living with HIV.

At the end of this training, participants will be able to:

- List the components of primary care for patients living with HIV;
- Identify the key elements of the annual comprehensive physical exam for patients living with HIV;
- Identify the routine laboratory screening and assessments used in primary care for people living with HIV, including methods used to assess and measure adherence;
- Recall the different classes of HIV medications and briefly describe how they work;
- Identify common barriers to treatment adherence, including medication side effects;
- List three specific strategies for promoting treatment adherence;
- Identify when referrals to specialty care may be needed;
- Work as a member of the care team to:
  - help patients take advantage of health maintenance services, vaccination, and prophylaxis for opportunistic infections
  - conduct client assessments and make referrals for a variety of psycho-social issues including substance use, mental health, domestic violence, smoking cessation, etc.

**Prerequisite:** It is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information. **Audience:** All non-physician health and human services providers who work directly with people living with HIV including: case managers, counselors, nurses, support services providers and others.

**Audience:** All health and human service providers who conduct behavioral counseling.

**Prerequisite:** None. **Audience:** All newly hired health and human service providers working with HIV-positive clients.

## **Sex, Gender, and HIV/STDs – 2 Day Training**

This two-day training is designed to help health and human services providers promote sexual health among their clients by building their capacity to talk sensitively and non-judgmentally about sexual identity, gender identity and sexual behaviors. Topics to be covered during the training include: sexual and gender identity; strategies for talking with clients about sexual health issues; HIV/STD prevention and harm reduction strategies for sexual behaviors.

As a result of this training, participants will be able to:

- Increase their awareness about the range of sexual and gender identities of their clients;
- Describe how homophobia and other forms of stigma and discrimination can impact a client's sexual behaviors and ability to practice sexual risk reduction;
- Increase their comfort in discussing sexual and gender identity with clients;
- Describe how sexual trauma can impact a client's sexual behaviors and risk for HIV/STDs; and
- Offer clients harm reduction options for sexual behaviors.

**Prerequisite:** Although there is no prerequisite for this course, it is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

**Audience:** All health and human service providers.

## **VOICES/VOCES Facilitator Training – 2 Day Training**

This two-day training provides participants with the information and materials needed to implement the Centers for Disease Control and Prevention (CDC) VOICES/VOCES intervention.

As a result of this training, participants will be able to:

- Identify the core elements of VOICES/VOCES intervention;
- Describe how to conduct the single-session, video-based group level intervention;
- Describe ways to improve condom negotiation skills among African- American and Latino adults;
- Practice facilitating gender and ethnic-specific groups of 4-8 participants and encourage discussion about condoms use and barriers; and
- Utilize CDC-approved materials on HIV risk behavior and condom use in both English and Spanish.

**Prerequisite:** It is strongly recommended that a person in a leadership role in the agency make decisions about who should attend this training. This training is only for agencies who are strongly committed to implementing the VOICES/VOCES intervention.

**Audience:** This training is intended for a team of two to three staff from an agency who will be responsible for delivering this intervention. Staff should have knowledge of HIV/STDs and group facilitation skills.

**Note:** VOICES/VOCES (Video Opportunities for Innovative Condom Education and Safer Sex) is a single-session, video-based HIV/STD intervention that is part of the Centers for Disease Control and Prevention's Diffusion of Effective Behavioral Interventions (DEBI) project. To learn more about VOICES/VOCES go to [www.effectiveinterventions.org](http://www.effectiveinterventions.org)