

CURRICULUM VITAE

Lisa Johnson, PT, DPT, OCS, WCS, CSCS

Education:

Stony Brook University,
Stony Brook, New York
September 2002 - May 2004
Physical Therapy
Transitional Doctor of Physical Therapy, 2004

Touro College
Bayshore, New York
September 1996 - May 1998
Orthopedic Physical Therapy
Masters of Science in Physical Therapy, 1998

Stony Brook University,
Stony Brook, New York
September 1990 - May 1993
Physical Therapy
Bachelors in Science in Physical Therapy, 1993

SUNY at Fashion Institute of Technology
New York, NY
September 1985 - December 1987
Patternmaking & Production Management
Associate of Arts in Patternmaking & Production Management, 1987

SUNY at Fashion Institute of Technology
New York, NY
September 1985 - May 1987
Fashion Design
Associate of Arts in Fashion Design, 1987

Certifications:

05/10	Certified Specialist in Women's Health Physical Therapy American Board of Physical Therapy Specialists
12/03	Certified Clinical Instructor American Physical Therapy Association
07/03	Yogilates Instructor Certification
03/03	Polestar Pilates Rehabilitation Instructor Certification
04/00	Certified Strength and Conditioning Specialist National Strength and Conditioning Association

03/00 Certified Specialist in Orthopedic Physical Therapy
 American Board of Physical Therapy Specialists

Employment and Positions Held:

Executive Director/Founder
Body In Balance Physical Therapy II
East Setauket, NY
10/09 - Present

Executive Director/Founder
Body In Balance Physical Therapy
Hauppauge, NY
04/00 - Present

Executive Director/Founder
Body In Balance Performance Enhancement Center
Hauppauge, NY
03/03 - Present

Physical Therapist
Performing Arts Physical Therapy
New York, NY
04/00 - 5/03

Physical Therapist
Northport Physical Therapy
Northport, NY
03/00 - 08/00

Clinical Assistant Professor
Stony Brook University
Stony Brook, NY
09/1998 – Present

Clinical Assistant Professor
Touro College
Bayshore, New York
09/1997 – 05/2004

Assistant Clinical Director/Physical Therapist
Sunshine Physical Therapy
Commack, NY
09/93 - 03/00

Physical Therapist
Richard Johnson Physical Therapy
East Setauket, NY
09/94 - 06/99

Peer Reviewed Publications:

DeTurk, W., Johnson, L., (2011, Jan). Essentials of exercise physiology. In W. DeTurk, L Cahalin (Eds.) *Cardiovascular and Pulmonary Physical Therapy: An Evidence-Based Approach (2nd ed.)* New York: McGraw Hill.

Peer Reviewed Scientific and Professional Presentations:

Johnson, L. (2011, Oct). Manual therapy intervention for the complex vulvodynia patient: a case report. Poster to be presented at the 19th International Pelvic Pain Society Annual Scientific Meeting, Las Vegas, NV.

Johnson, L. (2011, Oct). Effective manual therapy intervention for pubic symphyseal pain in a post partum patient: a case report. Poster to be presented at the 19th International Pelvic Pain Society Annual Scientific Meeting, Las Vegas, NV.

Sniffen, J., McKenna, R., Johnson, L., Johnson, R., Benz-Scott, L. (2008, June). *Partnering to Design and Implement a Wellness Program for Children Surviving Cancer*. Poster presented at Society for Disabilities Studies Annual Meeting, New York, NY.

McKenna, R., Sniffen, J., Johnson, R., Mancini-Johnson, L., Benz-Scott, L., Block, P., Mattera, D., Parker, R. (2008, Feb). *Play Fit-Stay Fit: A comprehensive community based wellness program for childhood survivors of cancer*. Poster presented at the APTA Combined Sections Meeting, Oncology Section, Nashville, TN.

McKenna, R., Sniffen, J., Johnson, R., Mancini-Johnson, L., Benz-Scott, L. (2007, Sept). *Play Fit-Stay Fit: A comprehensive community based wellness program for childhood survivors of cancer*. Poster presented at the Lance Armstrong Foundation 2007 Community Program Conference, Austin, TX.

Funded Grant Activity:

Role: Co-Investigator/Clinical Team Leader; R. McKenna, PI; R. Johnson, Co-Investigator; J. Sniffen, Co-Investigator.

Three-year evolutionary grant - \$150,000.

Play Fit-Stay Fit! A comprehensive community based wellness program for childhood survivors of cancer.

2006-2009, Lance Armstrong Foundation

Non-Peer Reviewed Presentations:

The Role of Exercise for Cancer Survivors/ Pelvic Floor Dysfunction
1st Annual Women's Dental Society Conference, 09/10

Presenters: Lisa Johnson, Debbie Mattera
The Role of Exercise for Cancer Survivors
Memorial Sloan Kettering Cancer Center, 04/10

Comprehensive Treatment of the Pelvic Floor
Stony Brook University, Urology Department Grand Rounds, 09/09

Women's Health Issues: Pelvic Floor Dysfunction & Incontinence
Touro College Transitional-DPT Program, 04/06

Repetitive Stress Injuries in Adolescent Athletes
Hauppauge School District, 04/05
The Role of Muscle Imbalances in Repetitive Stress Injuries
Stony Brook University Hospital Family Medicine Conference, 03/04

Introduction to Pilates
American Physical Therapy Association, LI District Mini Conference, 11/03

Basics of Strength Training
Commack School District, Coaches Association, 09/03

Core Stabilization
Club Industry East Conference, NYC, 07/01

Continuing Education Workshops Conducted:

Lumbo-Pelvic Integration (LPI), Integrative Manual Therapy Solutions/Institute of Physical Art,
2000-2007 (Instructor)

Cervical-Thoracic Integration (CTI), Integrative Manual Therapy Solutions/Institute of Physical Art,
2001-2007 (Instructor)

Membership in Scientific/Professional Organizations:

American Physical Therapy Association Member: Sections - Orthopedic, Sports, Private Practice,
and Women's Health

National Strength and Conditioning Association Member

American College of Sports Medicine Member

Northeast Pelvic Floor Dysfunction Group

Interstitial Cystitis Network Member

Pelvic Pain Society Member

International Association of Dance Medicine & Science Member

Services to the University on Committees:

Stony Brook University
Department of Physical Therapy
Alumni Association: Reunion Committee member
1996 - 1998

Honors and Awards:

Fortune 52 Honoree
Long Island Press
2010

Distinguished Alumni Award
Stony Brook University
2003

Highest Academic Achievement
Touro College, Advanced Masters Physical Therapy Program
1998

Student Participation Award
APTA: New York Chapter
1993

Allied Health Professions Academic Leadership Award
Stony Brook University, Physical Therapy Program
1992

Continuing Education Attended:

"Real-Time Ultrasound for Physical Therapists", Georgetown University
Hospital, Washington, DC, 9/11

"De-Mystifying Pudendal Neuralgia as a Source of Pelvic Pain: A Physical Therapist's
Approach", Pelvic Health & Rehabilitation Center, Morristown, NJ, 4/11

"5th Annual Current Concepts in Sports Medicine Conference", Hospital for Special Surgery, NY,
NY, 4/11

"Chronic Pelvic Pain", APTA Annual CSM Conference, New Orleans, LA, 2/11

"How to Design RCT's: Real-World Considerations", APTA Annual CSM Conference, New Orleans,
LA, 2/11

"Reimbursement and Practice Update for the Women's Health Therapist", APTA Annual CSM
Conference, New Orleans, LA, 2/11

"Medical and Physical Therapy Management of Chemotherapy Induced Peripheral Neuropathy",
APTA Annual CSM Conference, New Orleans, LA, 2/11

"The Coccyx and the Impact on Elimination and Sexual Function", APTA Annual CSM Conference,
New Orleans, LA, 2/11

"Healthy People 2020: Physical Therapist Roles in Health and Wellness Across the Life Stages",
APTA Annual CSM Conference, New Orleans, LA, 2/11

"Treating the Multisport & Endurance Athlete: Achieving Peak Performance", Hospital for Special
Surgery, NY, NY, 1/11

"18th International Pelvic Pain Society Annual Scientific Meeting", Chicago, IL, 10/10

"Mobilization of Visceral Fascia for Treatment of Pelvic Dysfunction: Course I-The
Urologic System", Herman & Wallace Pelvic Rehabilitation Institute, NY, NY, 3/10

“Mobilization of Visceral Fascia for Treatment of Pelvic Dysfunction: Course II-The Reproductive System”, Herman & Wallace Pelvic Rehabilitation Institute, NY, NY, 3/10

“Male Pelvic Floor”, Herman & Wallace Pelvic Rehabilitation Institute, NY, NY 12/09
“Advanced Pelvic Floor Function, Dysfunction, and Treatment-Level 3”, Promethius Group, Rockville, MD, 5/09

“Treatment, Rehabilitation and Performance Enhancement of Baseball Player”, Hospital for Special Surgery, NY, NY, 1/09

“Breast Cancer Fitness: An Evidence Based Approach”, Washington, DC, 10/07

“Pelvic Floor Function, Dysfunction and Treatment-Level 2A: Colorectal and Coccyx Conditions, Male Pelvic Floor, Pudendal Nerve Entrapment”, Promethius Group, Philadelphia, Pa, 8/07

“4th Annual, University of Pennsylvania Conference on Urogynecology and Pelvic Floor Dysfunction”, King of Prussia, PA, 10/06

“Complimentary and Alternative Therapies in Sports Medicine: An Evolving New Area of Health Care”, APTA Annual CSM Conference, San Diego, CA, 1/06

“Use of Modalities for Cancer Survivors During and After Completion of Medical/Surgical Treatment”, APTA Annual CSM Conference, San Diego, CA, 1/06

“Examination and Screening for Individuals with Cancer Prior to Therapeutic Interventions”, APTA Annual CSM Conference, San Diego, CA, 1/06

“Core Stabilization and Rehabilitation After Breast Cancer Treatment Involving Breast Reconstruction”, APTA Annual CSM Conference, San Diego, CA, 1/06

“A Qualitative Approach to Understanding Long-Term Effects on Shoulder Function of Treatment for Breast Cancer: Musculoskeletal Impairments, Functional Limitations, and Disability-Focus Group”, APTA Annual CSM Conference, San Diego, CA, 1/06

“Chemotherapy-Induced Cardiotoxicity”, APTA Annual CSM Conference, San Diego, CA, 1/06

“Back Education Training”,The Institute of Art, NY, 1/06

Current Teaching Responsibilities in the Entry-Level Program:

HAY 524 Health, Wellness and Prevention in Physical Therapy
HAY 525 Advanced Therapeutic Exercise

Year 2 - Spring
Year 3 – Summer